

## ABOUT US

In Redcar & Cleveland our local Family Hubs are launching a new Best Start In Life offer for our expectant parents, parents and carers, professionals, and the public to raise awareness of services, advocate for early intervention, promote strategies that improve outcomes during pregnancy and in early years. As part of our new Best Start In Life offer, we are facilitating our first Baby Week Redcar & Cleveland.



## FAMILY HUBS FREE EVENTS

Go along to your local Family Hub and enjoy messy and sensory play, singing and story time sessions. Come and find out about the benefits of baby massage and bonding with your little one and many more fun activities throughout the week.

## REDCAR LIBRARIES EVENTS

Join Redcar's libraries for some exciting child friendly sessions for Baby Week 2023. From Baby Week Storytime and Multi-Sensory Social to Creative Play and much more.

JOIN US

This week is giving us the opportunity to celebrate and bring together the work of maternity and early years services, helping to raise awareness of the critical developmental growth stages and a real focus on the first 1001 days (2 years) to give every baby the Best Start In Life. The week will provide a variety of free or low-cost events throughout the borough during the week of Tuesday 14th November 2023.

[www.babyweek.co.uk](http://www.babyweek.co.uk)

Free events throughout the week!



**WEDNESDAY 15/11/23**

**B** = Booking REQUIRED

### Morning

#### Stay and Play Children's Crafts Laburnum Library 9-12pm

Get crafty in your library! Come and join our popular Stay & Play Craft Sessions. Colour, stick, make and create with fun themes and activities for children in our libraries. **As these sessions can be very popular, to avoid disappointment, we advise that you to contact the library to confirm your place**

#### Rhymetime Guisborough Library – 9:30-10:30am | Loftus Library 10:15 - 11:15am

Enjoy songs, rhymes and rhythm! Bring your pre-schooler along to our free Rhymetime sessions and enjoy singing and moving along with us to our favourite nursery rhymes and songs. **As these sessions can be very popular, to avoid disappointment, we advise that you to contact the library to confirm your place**

#### Breast Friends 9:30-11 South Bank Family Hub | 9:30-11 Skelton Family Hub | Grangetown Family Hub 12:30-2:30 pm

A social group for breast feeding families with planned fun activities. Come along for a chat and get to know other breastfeeding families in the area. Support is also available from our trained staff. We welcome pregnant parents to be.

#### Lingo Tots French Dormanstown Family Hub 11-11:30 | Spanish 11:30-12 pm **B**

Join us for a taster session for Little Learner's from Lingotot Redcar; we run friendly and fun language classes for babies and toddlers. We'll sing songs, play games with the parachute and have story time in French or Spanish.

Our classes offer a great way to socialise and build communication skills for your children, with props and toys included for sensory and independent learning. Everyone is very welcome, no prior language skills necessary!

**To book please go to - [www.lingotot.com/centre/redcar/classes](http://www.lingotot.com/centre/redcar/classes)**

#### Understanding Your Baby Taster South Bank Family Hub 11-1130 am

Provides a practical opportunity to support parents to be preparing for life with a new baby including preparation for birth, caring, bonding and he early feeding of your baby.

#### Little Explorers Grangetown Family Hub 10-11 am

This session is aimed at children under 5 years to provide active play opportunities for families using our hub space to play explore and learn. Meet other families from your local area.

### Afternoon

#### Henry Starting Solids Taster Dormanstown – 1-1:10pm | South Bank Family Hub 2:30-3pm **B**

Introducing solids at six months. Come to a starting solids taster to help you get your baby off to a great start. The workshop will help you decide when your baby is ready to try solid food, what foods to start with, when your baby is hungry and when they've had enough; and how to make mealtimes an enjoyable experience for the both of you. **This session requires booking. Please contact: [Contactusfamilyhub@redcar-cleveland.gov.uk](mailto:Contactusfamilyhub@redcar-cleveland.gov.uk) or your local Family Hub**

#### Close Knit Guisborough Family Hub – 1:30-2:30pm **B**

Our baby friendly and interactive workshop will help you, Understand and help your baby's brain development, build a closer bond with your baby, look after your well-being as you look after your little one. There will be snacks and drinks, goodie bags and a chance to win £10.00 Amazon voucher. **To book please contact [Fiza.waheed@Redcar-cleveland.gov.uk](mailto:Fiza.waheed@Redcar-cleveland.gov.uk)**

#### Rhythmtime Taster Dormanstown Family Hub 2-2:30 pm **B**

Music plays a vital role in your child's early development. It stimulates every part of a child's brain and enhances their progress in three ways: emotionally, intellectually and physically.

Your child's first five years are the most formative. It's the perfect time to enjoy multi-sensory activities with your little one and take advantage of the invaluable benefits music can provide. **To book please go to: <https://forms.gle/WvektmetMvq8d5bv7>**

#### Lingo Tots Spanish Taster Redcar Coast Family Hub 3:30-4pm **B**

Join us for a taster session for Little Learner's from Lingotot Redcar; we run friendly and fun language classes for babies and toddlers. We'll sing songs, play games with the parachute and have story time in French or Spanish.

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We love babies!  
And we want the best for them. So we work with parents, professionals and the public to raise awareness of services, advocate for early intervention, promote strategies that improve outcomes during pregnancy and in early years, and celebrate success.