



## Activities for Children aged 0-5 Years with Additional Needs and/or Disabilities

### Version 4 – September 2024

The organisations and activities listed in this leaflet are for information only to support families to identify activities in and around the Borough for children aged 0-5 years with additional needs and/or disabilities.

**Please note** - The organisations and activities are not endorsed by Redcar and Cleveland Borough Council.

Organisation	Information	Contact Details
<p><b>My Time to Play</b></p>	<p>Do you have a child aged 0-4 who has a vision impairment? Give them the best possible start in life and sign up for Guide Dogs My Time to Play free programme.</p> <p>We offer fun and supportive group sessions to help your child develop the practical skills and confidence to explore their world – all through the power of play. You will meet other parents and pick up skills from our expert staff that will help you support your child’s early development with confidence.</p> <p>We also offer virtual play sessions for families who cannot access a face-to-face session. You can join a virtual session on any device that can access zoom. You will be provided with ideas in advance of the sessions for resources that you can find easily around the home which will bring the online stories and activities to life for you and your child.</p> <p>A video is available via <a href="https://youtu.be/LD1bCpsN15k">https://youtu.be/LD1bCpsN15k</a> showing how our Guide Dogs My Time to Play groups in the North-East have helped one family.</p>	<p>For further information please call the Guide Line on: 0800 781 1444</p> <p>or use the online services enquiry form at: <a href="https://www.guidedogs.org.uk/getting-support/getting-in-touch-form">https://www.guidedogs.org.uk/getting-support/getting-in-touch-form</a> and someone will contact you to sign you up.</p> <p>To find out more visit our website at: <a href="https://www.guidedogs.org.uk/getting-support/help-for-children-and-families/early-years-development-and-habilitation/">https://www.guidedogs.org.uk/getting-support/help-for-children-and-families/early-years-development-and-habilitation/</a></p>



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<p><b>World of Play</b> SEN Session</p> <p>Unit 4 West Coatham Lane Redcar TS10 5QA</p>	<p>9.30am – 12.00pm / 1st Sunday Mornings each month.</p> <p>Come and enjoy World of Play when it’s much calmer and quieter at our weekly SEN sessions.</p> <p>This time is exclusively for children with disabilities and their family &amp; friends. Full use of all our facilities is available in addition to sensory and arts &amp; crafts activities.</p> <p>Sessions can be book online or walk ins are accepted.</p>	<p>01642 756800</p> <p>EMAIL: <a href="mailto:info@worldofplaylimited.co.uk">info@worldofplaylimited.co.uk</a></p> <p><a href="http://www.worldofplaylimited.co.uk">www.worldofplaylimited.co.uk</a></p>
<p><b>Senses Wellbeing CIC</b></p> <p>Unit 2 Birdswell Court Watness Avenue Skelton Industrial Estate Skelton TS12 2LL</p>	<p>Inclusive toddler session. Mondays 10-11am and Thursdays 10.15-11.15am, £3 per child £1 additional siblings. Pre school/over 6 months. Max 10 children for a calm sensory play.</p> <p>Our venue is accessible, achievable and affordable allowing our community to come together to raise hearts and spirits. The Wellbeing Centre will host a full timetable of fitness sessions for everyone. We will welcome adults, children, active seniors, anyone with Special Educational Needs, Additional Needs, Disability and seated sessions that are dementia friendly. We are specifically targeting our audience to encourage every age and ability. Family fitness sessions eliminating cost of childcare and inspiring behaviour breeding behaviour.</p> <p>Multi – Sensory Space We have, through amazing community support, successfully created a Sensory Play environment in our huge multi-use main hall. Now sensory lighting, projector, black out tents, sensory equipment and toys can be used for 1 hour sessions. These timed sessions can be hired for exclusive use, a support bubble, or (when times are safer) a shared experience. We can offer SEN adults/children and their family members/siblings and support workers sessions such as monthly disco’s. We will host themed events and SEN parties as well as private sessions like glow in the dark family fitness.</p>	<p><a href="http://www.senseswellbeingcentre.co.uk">www.senseswellbeingcentre.co.uk</a></p> <p>01287 650151 07794571933</p> <p>EMAIL: <a href="mailto:karen@senseswellbeingcentre.co.uk">karen@senseswellbeingcentre.co.uk</a></p> <p>Facebook – Senses Wellbeing Centre CIC</p>



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<p><b>Redcar and Cleveland Family Hubs</b></p>	<p>Redcar and Cleveland have family hubs in Dormanstown, Grangetown, Guisborough, Greengates, Loftus, Ormesby, Skelton, Redcar Coast and South Bank.</p> <p>Family hubs offer a range of activities for children aged 0-5 years and their families.</p> <p>For further information please see their activity planners via <a href="#">Family Hubs what's on guides   Redcar and Cleveland (redcar-cleveland.gov.uk)</a></p> <p>There is also a Facebook page with information about what family hubs can offer <a href="https://www.facebook.com/RCBCFamilyHubs">https://www.facebook.com/RCBCFamilyHubs</a></p>	<p>Dormanstown Family hub - 01642 492940            Grangetown Family Hub - 01642 770810            Guisborough Family Hub - 01642 495357            Greengates Family Hub - 01642 444532            Loftus Family Hub - 01287 640654            Ormesby Family Hub - 01642 243581            Skelton Family Hub - 01287 612333            Redcar Coast Family Hub - 01642 776030            South Bank Family hub - 01642 457291</p>
<p><b>Stay &amp; Play at Zoe's Place</b></p> <p>Zoe's Place Baby Hospice            Crossbeck House            High Street            Normanby            Middlesbrough            TS6 9DA</p>	<p>The first Monday of every month (except April) 9:30am – 11am, Zoe's Place Baby Hospice is holding a 'Stay and Play' session for children under 6 years who have complex or additional needs. These have been running ad hoc basis, they are provided around bed bookings as children who attend the hospice are the only ones that are attending these sessions.</p> <p><u>Sessions include:</u>            Activities to support your child's development            Sensory Stimulation            Music Therapy</p> <p>Our nurses will also be on hand to answer any questions or help with any information on the service we offer</p>	<p>Lisa/Katherine on 01642 457985</p> <p><a href="https://www.zoes-place.org.uk">https://www.zoes-place.org.uk</a></p>



Organisation	Information	Contact Details
<p><b>MAIN</b> Autism Specific Parent &amp; Toddler Group</p> <p>The Finlay Cooper Centre Elizabeth Terrace North Ormesby TS3 6EN</p>	<p>10:00am – 11:30am alternative Friday’s during term time.</p> <p>We want to encourage and support our parents on their journey of discovery, please join us for a cuppa and a chat, sharing stories and offering advice and support</p>	<p>01642 608012</p> <p>EMAIL: <a href="mailto:info@iammain.org.uk">info@iammain.org.uk</a></p> <p><a href="http://iammain.org.uk">Home - MAIN (iammain.org.uk)</a></p>
<p><b>Airtime</b> Various sessions for children with additional needs</p> <p>Skelton Trampoline Park Skelton Industrial Park Skelton TS12 2LQ</p>	<p>Dedicated sessions are offered for children with additional needs.</p> <p>Airtime will also cater for children with additional needs on their normal sessions.</p> <p>Please contact Airtime for further information.</p>	<p>EMAIL: <a href="mailto:info@airtimeleisure.net">info@airtimeleisure.net</a></p> <p><a href="https://www.skeltonleisurehub.co.uk/">https://www.skeltonleisurehub.co.uk/</a></p>

This document has been produced by Redcar and Cleveland’s Short Breaks Team, for any updates please email [Shortbreaks@redcar-cleveland.gov.uk](mailto:Shortbreaks@redcar-cleveland.gov.uk)

For more information on the activities or organisations listed please contact the services directly.

The most up to date version of this document will be on the Short Breaks webpage [www.redcar-cleveland.gov.uk](http://www.redcar-cleveland.gov.uk) search ‘Short Breaks for Carers’

For other information and advice about services for children and young people with special educational needs and/or disabilities please visit our SEND Local Offer by clicking on the link [Peoples Information Network | SEN and Disability \(peoplesinfont.org.uk\)](http://PeoplesInformationNetwork|SENandDisability.peoplesinfont.org.uk) or by visiting [www.peoplesinfont.org.uk](http://www.peoplesinfont.org.uk)