



Level 3 - Specialist Short Breaks for Children and Young People with Additional Needs and Disabilities

For Families and Social Workers

October 2024



Eligibility for Specialist Short Breaks

0 – 18 years, may extend to 25 years if there is an assessed need for services to continue

Sometimes a child or young person may have more significant or complex needs due to their disability and will need more specialist support than what is available via universal or targeted services. To identify if there is a need for specialist Short Breaks a social worker will undertake an assessment which will consider the following:

- The identified needs are as a direct result of the child's disability i.e are not due to family dynamics or economic resources
- The degree of care, supervision and support required to meet their needs are much greater than that usually required to meet the needs of children and young people of the same age
- The identified needs cannot be met in any other way through universal, targeted or family support/provision

The assessment will include a minimum of one home visit by an allocated social worker. Checks with other health, care and education professionals involved with the child/young person and their family will also be undertaken.

During the assessment, the social worker will work with the family to identify what support is needed. This could be referrals to other agencies that can offer specialist advice and support or this could be in the form of a funded package of support. Any identified funded package of support will be presented to the Children with Disabilities Multi Agency Panel for consideration.

The support provided may include one or a number of services such as; a personal assistant, support in the family home, specialist group/club provision, overnights away from the family home. These services will be commissioned specifically for the child's/young person's needs or alternatively a family may choose to take a Direct Payment to arrange the services themselves.

Any services provided will be regularly reviewed in line with the child's needs. This means that support can increase, decrease or cease.

If you feel you need more support than what can be accessed via Universal or Self-Referral Short Breaks, please contact our Multi Agency Children's Hub (MACH) on 01642 130700 or email RedcarMACH@redcar-cleveland.gov.uk.

Children and Young People's Continuing Care

Some children and young people (up to age 18), may have very complex health needs and may be eligible for continuing care.

These may be the result of:

- congenital conditions
- long-term or life-limiting conditions
- disability
- serious illness or injury

The Integrated Care Board (ICB) has responsibility for assessing children and young people to see if they need a package of continuing care. A referral can be made by any health professional, social worker or carer who feels a continuing care package may be required. When a child or young person is referred for an assessment, the ICB might first check if they are likely to need a full assessment.

A health assessor will then collect evidence of the child's needs, drawing on the advice of health and care professionals. An important part of the assessment is to capture the preferences of the child or young person and their family. The assessment will look at the current care being provided but a decision on whether or not a child or young person has a continuing care need is based on the nature of their needs, rather than the care available, or whether or not they have a particular condition.

The health assessor will make a case to a panel of experts, who decide based on the evidence, and the recommendation, if the child or young person has a continuing care need.

Depending on the decision, a package of care is then agreed; some of this care may be provided through existing services such as Short Breaks; some may need to be specially arranged.

Provider Overview

Provider	Category	Support Available	Age Range	Page
Aapna	Home and Community	Domiciliary care PA support Waking nights Sitting Service	10 years +	6
Advantage Healthcare	Home and Community	Complex needs paediatric and Adult Noncomplex care Brain injury Care Spinal Injury Learning Disabilities Challenging Behaviours	Birth to Adults	7
Avalon Group	Overnights away from the family home	Overnight respite Shared Lives	16 years +	8
Bespoke Heath and Social Care	Home and Community	Physical Disability Airway Management Sensory Impairment Mental Health Behaviours that challenge Learning Disability Neurological conditions	Birth to Adults	9
Caremark	Home and Community	Domiciliary care PA support Waking nights Sitting Service	All ages	10
Daisy Chain	Community Support	After school and holiday clubs Day excursions Overnight residentials 1:1 support	5 years +	11
Granville Lodge	Overnights away from the family home	Overnight Respite	5 – 18 years	12
iCare Living Ltd	Home and Community	Learning Disability/Autism Acquired Brain Injury Spinal Injury Enteral Tube Feeding Bowel & Catheter Care Stoma Care Tracheostomy Care Ventilation & Airway Management Epilepsy Care Neurological Conditions		13
MAIN	Community Support	PA Support in the community Clubs and Groups	5 years +	14
Meadowvale Homecare	Home and Community	Domiciliary Care PA Support Waking Nights Sitting Service	All ages	15

		Support Work		
On the B4nk	Community Support	Outreach Short Term Emergency Support Edge of Care	6 years +	16
RCBC In House Fostering	Overnights away from the family home	Overnight Respite	0 – 18 years	17
SNe	Home and Community	Personal care Social outings Sitting service Overnight stay Clinical trained carers	Birth to Adults	18
The Ark	Overnights away from the family home	Respite Care	4 – 18 years	19
Zoe's Place	Overnights away from the family home	Respite care Palliative care Emergency care	Birth – 6 years (extended to 8 years old for those with high level needs)	20
Direct Payments				21
Health's Short Breaks Service – Baysdale				22

Aapna Services Limited



CQC Number	1-628213411
Age Range:	10 years +
List of Services:	1:1 community support, short break service, sitting service.
Contact details for enquires:	enquiries@aapnaservices.org.uk Tel: 01642825926
Website:	www.aapnaservices.org.uk
Overview of provision:	Well experienced and qualified staff with enhanced DBS checks are employed to deliver person centred service.



CQC Number:	CRT1-10251914131
Age Range:	All Ages
List of Services:	Complex needs paediatric and Adult Noncomplex care Brain injury Care Spinal Injury Learning Disabilities Challenging Behaviours
Contact details for enquires:	Registered Manager Christine Archibald 01642 606805
Website:	www.advantagehealthcare.com
Overview of provision:	24/7 care packages Minimum 6 hours to 12-hour shifts 2:1 care 1:1 care School/nursery packages

Avalon Group



CQC Number:	1-101673117
Age Range:	16+ Shared Lives 18+ Supported Living Community Support and Mental Health
List of Services:	Shared Lives, Supported Living, Community Support
Contact details for enquires:	teesside@avalongroup.org.uk 01642 633556
Website:	www.avalongroup.org.uk
Overview of provision:	Shared Lives – Carers supporting young people in their own homes on either permanent long-term placements, respite, short breaks or day care.

Bespoke Health and Social Care

Ofsted/CQC Registration number:	CQC - 07717767
Age Range:	Children and Adults 0+
List of Services:	Physical Disability Airway Management Sensory Impairment Mental Health Behaviours that challenge Learning Disability Neurological conditions
Contact details for enquires:	Jody Tierney – 07399 555 974 referrals@bhsc.care / Jody.Tierney@bhsc.care
Website:	Bespoke Health & Social Care (bhsc.care)
Overview of provision:	<p>Since 2011, Bespoke Health and Social Care (BHSC) has been providing Complex Care to Children and Adults in their own homes. Our fundamental belief is that individuals and their families should be empowered to make choices and have control over their care which enables them to live safely at home, promotes their independence and offers them a circle of support to fulfil their unique potential and aspirations.</p> <p>Our long track record gives BHSC experience and resilience to shape our services to individuals with unique complex care needs whilst providing person centred support offering choice and independence that support positive outcomes.</p> <p>BHSC support 38 adults and 28 children with a range of acute clinical needs, maintaining their health and wellbeing in the community. Many of these packages of care are 100+ hours per week delivered by our teams, including support workers performing delegated healthcare tasks under the supervision of our Clinical Nurse Specialists (CNS) with PBS oversight, where required.</p> <p>The CNS is responsible for clinical care planning, training, clinical governance and our PBS leads support with PBS plans, as and when required.</p> <p>We ensure that the establishment of a robust Care Plan and its careful management and monitoring throughout our working with individuals means that the delivery of high-quality care evolves as the CYP develops and achieves their outcomes. In this way we can always ensure that the service reflects the true needs of the CYP.</p>



CQC Number:	1-1269999682
Age Range:	Any age
List of Services:	<p>Children support Break for carers Personal care Medication assistance – Prompt / Assist / Administer Community support 24 hour care Waking nights Sleeping nights Very flexible and open to discussion</p>
Contact details for enquires:	redcar@caremark.co.uk
Website:	www.caremark.co.uk
Overview of provision:	<p>Homecare services tailored to you.</p> <p>Our dedicated care staff and management team ensure we are able to offer a broad range of home care services. The support we offer is always tailored to meet individuals needs. Flexibility is built into our working systems.</p>



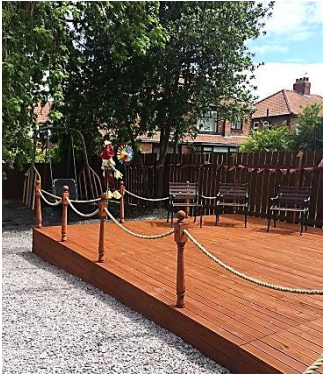
Daisy Chain Project



Charity Number:	RP902257
Age Range:	5 years – 25 years
List of Services:	After School & Holiday Clubs
Contact details for enquires:	info@daisychainproject.co.uk
Website:	www.daisychainproject.co.uk
Overview of provision:	<p>Daisy Chain Project exists to provide services and support to children, young people and adults as well as their families. We run a varied programme of after school and holiday clubs which include day excursions and overnight residentials alongside short break sessions for children/young people who can work in small groups or require 1:1 support at our site in Norton, Stockton.</p> <p>Daisy Chain is located on a 5.5 acre farm. Our facilities include a purpose built day centre (complete with classrooms, sensory rooms, kitchen and soft play), farm, garden & allotments, wetlands, sensory play area and high tech sensory suite.</p> <p>Access Criteria:- Daisy Chain specialises in strategies and approaches that are compatible with: Autism, ADHD, FASD, Sensory Processing Differences, Anxiety and Social and Communication Differences. For a child or young person to attend they must either be diagnosed, on the pathway or have been identified by a professional as having a need relating to the listed neurodiversities.</p> <div style="display: flex; justify-content: space-around;">   </div>

Granville Lodge


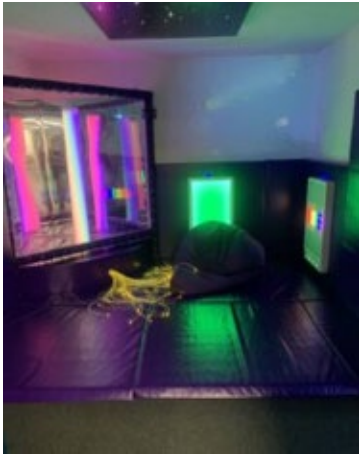


Ofsted Number:	2624223
Age Range:	5 – 18 years (any gender)
List of Services:	Residential care Short break care
Contact details for enquires:	01429 222247 granville.lodge@activecaregroup.co.uk Referrals Team 01732 779353 Referrals@activecaregroup.co.uk
Website:	https://activecaregroup.co.uk/location/granville-lodge/
Overview of provision:	<p>We provide social care for children on a residential and short break basis, all children have complex physical disabilities as per registration.</p> <p>We have numerous facilities for our children which include all adaptations that the child may need, we have specialist beds, specialist bathing and shower areas including a Jacuzzi bath, all moving and handling equipment is included apart from personalised slings.</p>  <p>Outside of Granville Lodge we have several transports for our inclusive activity programme where we will take children to various settings within the community ranging from ice skating, trips to the cinema, specialist play services or to other interests they have.</p> <p>Personalised care is very important to both the child, families and to our service, we strive to provide a homely family environment but with the level of staffing with trained ability to enable niche care on a specific individualised basis.</p>  <p>We have a fabulous activity and sensory room which our children appear to love, a cinema area along with the other communal areas, our children have full use of a fully accessible sensory garden and wheelchair swing.</p> 



CQC Number:	CRT 1-9860157249
Age Range:	0-65+
List of Services:	<p>Learning Disability/Autism</p> <p>Acquired Brain Injury</p> <p>Spinal Injury</p> <p>Enteral Tube Feeding</p> <p>Bowel & Catheter Care</p> <p>Stoma Care</p> <p>Tracheostomy Care</p> <p>Ventilation & Airway Management</p> <p>Epilepsy Care</p> <p>Neurological Conditions</p>
Contact details for enquires:	<p>referrals@icareliving.co.uk</p> <p>0800 107 3034</p>
Website:	www.icareliving.co.uk
Overview of provision:	<p>24/7 care packages</p> <p>Minimum 6 hours to 12-hour shifts</p> <p>2:1 care</p> <p>1:1 care</p> <p>School/nursery packages</p> <p>Supported Living</p> <p>iCare Living provides specialist support to children and adults with medium/high level needs. Our packages of care are nurse led and can be delivered in an individual's own home or we can work to source suitable accommodation through our supported living services.</p>

MAIN

Registration number:	Not applicable
Age Range:	5+
List of Services:	PA Short Breaks Services Club Short Break Services
Contact details for enquires:	serviceteam@iammain.org.uk
Website:	www.iammain.org.uk
Overview of provision:	<p>MAIN provides short breaks for children with disabilities.</p> <p>We offer PA services where support can be provided for the child/ young person on a 1:1 or 2:1 basis, in a community-based setting allowing them to access activities of their choice.</p> <p>We also offer various clubs and groups, which can be self-referral, or social worker referral. We provide clubs for all ages and abilities, up to and including adults.</p> <p>Our clubs are based in our centre which is tailored to meet the needs of our clients in North Ormesby, Middlesbrough. Our centre includes sensory room, soft play, outdoor play area, toys and computer games. Children will be able to access structured activities provided by our experienced team.</p> <div style="display: flex; justify-content: space-around;">   </div>

Meadowvale Homecare



Ofsted/CQC Registration number:	1-2119150907
Age Range:	All ages
List of Services:	Domiciliary care PA support Waking nights Sitting Service Support Work
Contact details for enquires:	Ebony-May Lewis 01287653063
Website:	www.meadowvalehomecare.co.uk
Overview of provision:	<p>Here at Meadowvale Homecare we work by the mantra 'Your care, your choices' and this is fundamentally important to all of our care workers. We are not just here to work, we are here to care and achieve this with the highest of standards.</p> <p>Delivering bespoke care for children and young people, all of our packages are tailored specifically to the individual and their needs. We use the strengths and goals of you or your loved ones as foundations to build upon looking after not only physical needs but those attached to health and well-being. Holding high respect and regard for dignity, independence and choice we listen to what you have to say whilst delivering social care needs.</p> <p>As a company we fully understand the huge role a care worker plays in the life of you or a loved one and this is why we commit to providing the same person as often as possible.</p>

On the B4NK



Registration number:	Not registered
Age Range:	6 years +
List of Services:	<p>Outreach</p> <p>In-Service</p> <p>Short Term Emergency Support</p> <p>Edge of Care</p>
Contact details for enquires:	<p>team@ontheB4NK.com</p> <p>07707 452767</p>
Website:	www.ontheB4NK.com
Overview of provision:	<p>'on the B4NK' provides staffing cover in the health and social care sector to providers who require additional staffing, a particular skillset, or short-term emergency cover. This spans children's and adult's services, including public and private organisations.</p> <p>We provide outreach support to take young people on a range of outings and activities and to help them develop valuable life skills. This also enables families to have some respite.</p> <p>We also provide short-term and edge of care support to help maintain family or foster placements and reduce numbers of children going into care.</p>

RCBC In-House Fostering



Age Range:	0 - 18 years
List of Services:	Day or overnight care
Contact details for enquires:	Professionals - FosteringDutyTeam@redcar-cleveland.gov.uk Parents/Carers – please discuss with your allocated social worker
Overview of provision:	We have a number of experienced in-house foster carers who provide day or overnight care for children and young people with additional needs and disabilities. This short breaks care takes place in the carers own home and the support the foster carers offer is always tailored to meet individual needs.




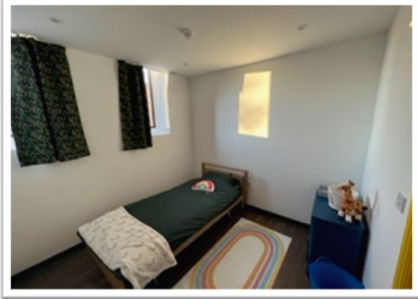

SNE Care



CQC Number:	1-2079597179
Age Range:	Birth to Adults
List of Services:	<p>Personal care Social outings Sitting service Overnight stay Clinical trained carers</p>
Contact details for enquires:	<p>Tracey Hugill 07949132452 / 01642 438878 Kuda Mucharerwa 07482453767</p>
Website:	www.sne-care.co.uk
Overview of provision:	<p>At SNe Care we ensure all our staff are highly trained and professional and have experience caring for and looking after children and young people. At SNe Care all staff work together as a team and are always supportive of each other. Our aim is to provide children, young people, and their families with a positive experience from all of our SNe team members.</p> <p>We deliver care to children and young people in their own homes and in the community for social outings to local parks, shops, cinemas, and libraries. We use community venues such as day centres to ensure the development of the child is promoted through social interaction and educational opportunities and therapy facilities within the community. We also provide overnight care in families homes.</p>

The Ark Respite Centre



Ofsted/CQC Registration number:	OFSTED REGISTRATION NUMBER: 2712832
Age Range:	4-18 YEARS
List of Services:	Provide care and accommodation for up to 4 children and young people with physical and or learning disabilities under short break arrangements.
Contact details for enquires:	The Ark Respite, Ramsey Road, Dormanstown, TS10 5LH 01642 292920 Email: Jayne@arkrespite.uk or rachel@arkrespite.uk
Overview of provision:	<p>The Ark specialises in providing short overnight breaks for children and children with learning and/or physical disabilities between the ages of 4 and 18 years old. The children who access The Ark may require personal care, medication, behavioural support and support with learning and achievements.</p> <p>The Ark has been designed to create a child centred, non-clinical setting that aims to encourage broad spectrum child development in a safe, fun and comfortable space. The centre promotes children and family's wellbeing to assist families to continue to provide care at home.</p> <div style="display: flex; flex-wrap: wrap; justify-content: space-around;"> <div style="width: 45%; text-align: center;">  </div> <div style="width: 45%; text-align: center;">  </div> <div style="width: 45%; text-align: center;">  </div> <div style="width: 45%; text-align: center;">  </div> <div style="width: 100%; text-align: center; margin-top: 10px;">  </div> </div>

Zoe's Place



Registration number:	Charity number 1092545 CQC number 1-126804826
Age Range:	Birth to six years old (extended to 8 years old for those with high level needs)
List of Services:	Respite care, Palliative care, emergency care.
Contact details for enquires:	01642 457985 Ashleigh@zoes-place.org.uk
Website:	www.zoes-place.org.uk/middlesbrough
Overview of provision:	<p>Much of the support offered at Zoë's Place is short breaks care. All the babies and Children that attend the Hospice have a life-limiting or life-threatening conditions and complex health needs.</p> <p>The team comprise of registered nurses and experienced care assistants that can care for an array of health needs. We are fortunate to have a wonderful sensory room and soft play at the hospice which can be enjoyed by the children.</p> <p>Zoë's Place offers our parents and carers a chance to recharge their batteries or to spend time with their other children. The value of these short breaks to our families cannot be underestimated and many families tell us that they simply would not be able to cope without the help and support of our team.</p> <p>Alongside the care that we offer to the children we also support the whole family with support through our parent support and the sibling groups. We also provide a counselling accessible to all parents.</p>

Direct Payments

If the Children with Disabilities Multi Agency Panel agrees, you may choose to have some or all of your child's care and support costs paid to you as a Direct Payment. A Direct Payment enables you to make decisions about the provision of care and support such as employing a personal assistant.

There are lots of advantages to employing someone to help with your child's care and support, but being an employer is a big responsibility and there are lots of things to consider.

For more information on Direct Payments or to obtain a copy of 'Our guide to Direct Payments' and 'Our guide on employing a personal assistant' please visit www.redcar-cleveland.gov.uk and search 'Direct Payments'.

If you are interested in a Direct Payment, please discuss with your Social Worker.

Baysdale Short Breaks Service Tees and Esk Wear Valleys NHS Foundation Trust



Baysdale provides short break respite care to children and young people with learning disabilities and associated healthcare needs. Baysdale is located at Roseberry Park Hospital in Middlesbrough and can be accessed by children and young people that live in Teesside.

Staff are trained to care for children with complex physical health needs such as gastrostomy feeding, as well as providing a stable and predictable environment for autistic children and young people and those with ADHD.

Eligible children and young people will be offered 2 overnight stays per month.

How to access the service

Referrals to the service can be made by professionals involved with the family such as Social Workers, GPs or advocates, families can also self-refer. For more information, please call 01642 837308 or email tewv.baysdale@nhs.net

Document Control – for any updates please email shortbreaks@redcar-cleveland.gov.uk

Date	Update record
09/06/2021	BD – version 1
01/07/2021	BD – version 2
13/08/2021	BD – version 3, Content for Avalon and Main included.
08/04/2022	BD – version 4, removed Huntercombe who are no longer offering Short Breaks
05/10/2023	BD – version 5, eligibility updated, childrens continuing care updated, providers content reviewed/updated, direct payments updated.
17/09/24	BD – version 6 – reviewed and added Bespoke, Leaders in Education removed
09/10/24	BD – The Ark section updated